FEBRUARY 2012

	Mon	Тие	Wed	Thu	Fri
MENUS ARE SUBJECT TO CHANGE			APPLE JUICE LASAGNA ROLLS WITH MARINARA SAUCE CREAMED KALE WHOLE WHEAT BREAD FRUIT COCKTAIL 1% MILK	CRANBERRY JUICE PEPPER STEAK WHITE RICE ORIENTAL MIXED VEGGIES DINNER ROLL PINEAPPLE CHUNKS 1% MILK	ORANGE JUICE NAVY BEAN SOUP WHOLE WHEAT CRACKERS SMOKED TURKEY SANDWICH SWISS CHEESE LETTUCE & TOMATOES COPPER PENNIES APPLE SAUCE 1% MILK
	PE JUICE - PEA SOUP	7 APPLE JUICE CHICKEN BREAST IN	8 APPLE SAUCE MEATLOAF W/GRAVY	9 CRANBERRY JUICE MULTI BEAN SALAD	10 ORANGE JUICE BEEF BURGUNDY OVER NOODLES
MEAT MOZZ COLE	TBALL SUB ZARELLA CHEESE E SLAW T COCKTAIL	ORANGE SAUCE RICE PILAF AUTUMN BLEND VEGGIES PEACHES PUMPERNICKLE BREAD 1% MILK	MEATLOAF W/ GRAVY MASHED POTATOES GREEN BEANS WHEAT BREAD MANDARIN ORANGES IN JELLO 1% MILK	SLICED TURKEY W/GRAVY SWEET POTATOES PEAS & ONIONS MULTI GRAIN DINNER ROLL COLD APPLE CRISP 1% MILK	MIXED VEGETABLES PEARS WHEAT BREAD 1% MILK
13		14	15	16	17
SPLIT EGG S LEAF BROC WHEA PINEA 1% M	PE JUICE PEA SOUP SALAD PLATTER ON LETTUCE CCOLI SLAW AT BREAD APPLE TIDBITS	TOSSED SALAD SALAD DRESSING PRIME RIB AU JUS DINNER ROLL MASHED POTATOES GREEN BEAN CASSEROLE CHERRY PIE W/WHIPPED CREAM 1% MILK	APPLE JUICE RIGATONI W/MEATBALLS MIXED VEGETABLES FRESH FRUIT MULTI GRAIN DINNER ROLL 1% MILK	NAVY BEAN SOUP TUNA SALAD COLD PLATE LETTUCE & TOMATO SLICES PINEAPPLE RINGS WHOLE WHEAT CRACKERS HOT FRUIT COMPOTE 1% MILK	GRAPE JUICE CHICKEN STEW W/ PEAS & CARROTS BISCUIT BROWN RICE APPLE PIE 1% MILK
20		21	22	23	24
SALIS MASH PEAR GREE DINNI 1% M	APPLE JUICE BBURY STEAK W/GRAVY HED POTATOES S IN GELATIN IN BEANS ER ROLL	Tossed Salad Ranch Dressing Hot Blueberry & Pear Crisp 1% Milk	PINEAPPLE JUICE 1/4 BEEF HOT DOG SLICED CARROTS BBQ BUTTER BEANS PEACHES HOT DOG ROLL 1% MILK	GRAPE JUICE CHICKEN BREAST PICATTA BUTTERED NOODLES SUMMER BLEND VEGGIES WHOLE WHEAT BREAD APPLE SAUCE 1% MILK	CITRUS CUP ROAST BEEF W/GRAVY MIXED VEGETABLES ROSEMARY MASHED POTATOES MULTI GRAIN ROLL FRUIT AMBROSIA 1% MILK
27		28	29		
CRAN SEAF LEAF WHEA	PEA SOUP IBERRY JUICE OOD SALAD LETTUCE GARNISH AT BREAD S SLAW APPLE CRISP	PINEAPPLE JUICE SALISBURY STEAK W/GRAVY MASHED POTATOES GREEN & YELLOW SQUASH CASSEROLE MULTI GRAIN ROLL 3 BEAN SALAD APPLE SAUCE 1% MILK	ORANGE JUICE HOT HAM W/PINEAPPLE RAISIN SAUCE SWEET POTATO SOUFFLÉ SUMMER BLEND VEGETABLES FRUIT COCKTAIL RYE BREAD 1% MILK	TO MAKE A MEAL RESERVATION AT LEAST 48 HOURS IN ADVANCE, CONTACT YOUR MEAL MANAGER. EACH MEAL COSTS THE FCDOA NUTRITION PROGRAM \$4.80, YOUR CONTRIBUTIONS PER MEAL HELPS MAKE MORE MEALS POSSIBLE.	